

# RICOCHET COACHING DRILLS

Thanks for downloading these Ricochet coaching drills.  
You may print any or all of these resources.

Some drills require setting up near a hoop and near the boundary.  
If using all the drills, you will need two lawns.

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# WORM CANNON – THREE BALLS IN THE THIRD CORNER

1. Position the striker's ball on the corner spot
2. The roquet ball to be touching the striker's ball.

The live ball to be touching the roquet ball (three balls now in a line)

3. Slightly tap the striker's ball towards the boundary line.
4. The live ball should move enough to be roqueted by striker's ball.
5. Rush live ball towards hoop 3
6. Play a continuation shot to set up strikers' ball to run hoop
7. Run hoop.

Try again using the other yard line for a different angle on the live ball.

## TWO BALLS IN THE CORNER

1. Practice hitting the front ball into middle of lawn without moving the other ball.
2. Practice moving both balls by hitting slightly into the other ball.

## 7 YARD ROQUETS

Practice hitting balls 7 yards away

## 2 YARD ROQUETS

Practice running hoops - straight and angled

## RUSHES - POSITION - HOOP RUNNING

Set up adjacent peg near boundary.

From one yard away rush a ball to the non-playing side of a hoop

Use first continuation shot to position ball in front of hoop and then run the hoop.

## POSITIONS TO A HOOP - RUN HOOP

From the boundary position adjacent to the peg position a ball in front of a hoop

Run the hoop, if possible, otherwise position ball again in front of hoop and run hoop

## POSITION BEHIND BALL ON BOUNDARY

1. From two yards away position strikers' ball behind the boundary ball
2. From 4 yards away position strikers' ball behind the boundary ball
3. From 7 yard away position strikers' ball behind the boundary ball

# USE CUT RUSH TO POSITION STRIKER BALL

1. From 1 yard on boundary cut rush the striker's ball towards the hoop with other ball going into lawn as an escape ball.
2. Use your first continuation stroke to position strikers ball in front of hoop.
3. Run hoop back to live ball.

# RUSH AND HOOP

Set up adjacent to the peg.

Two balls 1 yard apart

1. Rush ball to behind or around hoop
2. Position strikers' ball to run hoop.
3. Run hoop.
4. Roquet escape ball

## SETTING UP ESCAPE BALL

Two balls 1 yard apart on the boundary in front of a hoop (1,2,3 or 4)

Striker's ball has just roqueted partner ball on the far boundary.

1. Play first continuation shot to the two balls
2. Roquet one and get rush on other to your hoop to near hoop.
3. Rush ball to be your escape ball on your hoop.
4. Play continuation shot to set up hoop run

Run your hoop.





# HOW FAR CAN YOU RUSH A BALL

Set up on lawn with two balls.

1. Two mallet heads apart.
2. A yard apart

See how far you can rush the other ball.

# SINGLE BALL STROKE ROQUET

Place markers 1, 2, 3, 4, 5, 6, 7 yards apart on the boundary

Play a single ball shot from the start to roquet the ball one yard away

If successful move to the next shot 2 yards

At 3 yards onwards you need to roquet two in a row to move on

Move to the next marker and continue until unsuccessful (ie you miss your two shots)

This drill assists in working out your percentages for certain distances.